

# SPRING VALLEY

# December 2018

## GRADES K-12 MENU

\* \* \* Menu may change \* \* \*

### BREAKFAST PRICES x's 15 DAYS

Grades K-12: \$1.85/day or \$27.75/month  
 Reduced: \$0.30/day or \$4.50/month  
 Milk: \$0.40/day or \$6.00/month  
 Adult/Visitor \$2.70/day or \$40.50/month

### LUNCH PRICES x's 15 DAYS

Grades K-5: \$2.60/day or \$39.00/month  
 Grades 6-12: \$2.90/day or \$43.50/month  
 Reduced: \$0.40/day or \$6.00/month  
 Milk: \$0.40/day or \$6.00/month  
 Adult/Visitor \$3.70/day or \$55.50/month

Pay your food service account on-line.

[Spring Valley Schools district home page](#), [Family Access](#) or [On-line Payment buttons](#)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>BREAKFAST</b> Stuffed Hash Brown  <b>LUNCH ENTREES</b> -Baked Potato Diced Ham/Cheese Dinner Roll -Corn dog  <b>Sides</b> Broccoli Mixed Fruit	<b>4</b> <b>BREAKFAST</b> Breakfast Pizza  <b>LUNCH ENTREES</b> -Chili Corn Chips -Hot Ham & Cheese Sandwich  <b>Sides</b> Green Beans Pineapple Tidbits	<b>5</b> <b>BREAKFAST</b> Pancake Bites  <b>LUNCH ENTREES</b> -Cheese or Pepperoni Round Pizza -Philly Cheesesteak Sandwich  <b>Sides</b> Cauliflower Sliced Peaches	<b>6</b> <b>BREAKFAST</b> Bacon & Egg Scramble  <b>LUNCH ENTREES</b> -BBQ Rib -Brat  <b>Sides</b> Baked Beans Corn Sliced Pears	<b>7</b> <b>BREAKFAST</b> French Toast Bites & Yogurt <b>LUNCH ENTREES</b> -Quesadilla -Ravioli Breadstick  <b>Sides</b> Carrots Tropical Fruit
<b>10</b> <b>BREAKFAST</b> Oatmeal Chocolate Chip Round <b>LUNCH ENTREES</b> -Chicken Nuggets -Fish Sticks  <b>Sides</b> Sweet Potato Tots Peas Strawberry Cup	<b>11</b> <b>BREAKFAST</b> Breakfast Pizza  <b>LUNCH ENTREES</b> -Beef Stroganoff Rotini Noodles -Hot Dog  <b>Sides</b> Green Beans Mandarin Oranges	<b>12</b> <b>BREAKFAST</b> Pancake Bites  <b>LUNCH ENTREES</b> -Pizza Fries Marinara Sauce -Chicken Alfredo Breadstick  <b>Sides</b> Corn Sliced Peaches	<b>13</b> <b>BREAKFAST</b> Bacon & Egg Scramble  <b>LUNCH ENTREES</b> -Cheeseburger - <u>Breaded Mini Ravioli</u> Marinara Sauce  <b>Sides</b> Curly Fries Baked Beans Mixed Fruit	<b>14</b> <b>BREAKFAST</b> Banana Bread & Smoothie <b>LUNCH ENTREES</b> -Cheese Bites -Fish Sandwich  <b>Sides</b> Tomato Soup <u>Mixed Berry Cup</u>
<b>17</b> <b>BREAKFAST</b> Stuffed Hash Brown  <b>LUNCH ENTREES</b> -French Toast Sausage -Turkey/Cheese Wrap  <b>Sides</b> Hash Brown Rounds Blueberries Juice Cup	<b>18</b> <b>BREAKFAST</b> Breakfast Pizza  <b>LUNCH ENTREES</b> -Soft Shell Taco -Pizza  <b>Sides</b> Refried Beans Spanish Rice Mixed Fruit	<b>19</b> <b>BREAKFAST</b> Pancake Bites  <b>LUNCH ENTREES</b> -Tator Tot Hotdish Breadstick -Breaded Pork Chop  <b>Sides</b> Mixed Vegetables Strawberry Cup	<b>20</b> <b>BREAKFAST</b> Bacon & Egg Scramble  <b>LUNCH ENTREES</b> -Orange Chicken Rice -Hamburger  <b>Sides</b> Carrots Sliced Pears	<b>21</b> <b>BREAKFAST</b> French Toast Bites & Yogurt <b>LUNCH ENTREES</b> -Italian Dunkers Marinara Sauce -Breaded Chicken Patty  <b>Sides</b> Peppermint Stick Frozen Yogurt Peas Craisins

\* \* \* This institution is an equal opportunity provider \* \* \*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 NO SCHOOL  <u>*New Item</u>	1 NO SCHOOL	2 <b>BREAKFAST</b> Pancake Bites  <b>LUNCH ENTREES</b> -Spaghetti Garlic Bread -Pizza Crunchers Sauce  <b>Sides</b> Corn Strawberry Cup	3 <b>BREAKFAST</b> Bacon & Egg Scramble  <b>LUNCH ENTREES</b> -Cardinal Burger -Pepperoni Pizza Rolls  <b>Sides</b> Tater Tots Baked Beans Sliced Pears	4 <b>BREAKFAST</b> Banana Bread & Smoothie <b>LUNCH ENTREES</b> -Deluxe Nacho's -Peanut Butter & Jelly Cheese Stick  <b>Sides</b> Refried Beans Tropical Fruit

**K-12 BREAKFAST INCLUDES: Milk, juice & applesauce / ALTERNATIVE CHOICE: Cold cereal**

**K-12 LUNCH INCLUDES: Fresh fruit, salad bar, and milk choice (1% white and 1% chocolate)**

**K-12 LUNCH: All sandwiches are served with whole grain bun or bread**

**6-12 LUNCH ALTERNATIVES: 3<sup>rd</sup> choice item will be posted daily**

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You will be receiving a phone call from the Spring Valley Food Service Department when your family lunch account balance reaches \$3.00. If we are unable to reach you or leave a message, a letter will be sent.

**If your account reaches a negative \$10.00 balance, NO more purchases will be allowed.**

You can access your family lunch account through the school web site @ [www.springvalley.k12.wi.us](http://www.springvalley.k12.wi.us). If you should have any questions concerning your family account, please contact Amy Fisher at 715-778-5551 ext. 5109.

**\*\*\* Mail payments to: School District of Spring Valley, Attn: Food Service, P.O. Box 249, Spring Valley, WI, 54767 \*\*\***

## **Seasonal Work- Change in Income- Change in Household Numbers**

Remember, you may apply or reapply for free or reduced meals at any time during the school year. Applications are available in both school offices, can be mailed to you or printable on-line from our S.V. School District site, [www.springvalley.k12.wi.us](http://www.springvalley.k12.wi.us) (District Information-School Board-S.V. District Forms).

Please call or e-mail with any questions.

Amy Fisher

715-778-5551

fishera@springvalley.k12.wi.us



## **Free and Reduced Breakfast/ Lunch Program:**

Remember a new application must be filled out every school year.

**All families are encouraged to fill out a free/reduced application. This helps our district in many areas, not just food service.**

Remember a new application must be filled out every school year. If there is a change in income or household size throughout the school year a new application can be filled out.

School Year 2018-2019 applications are now available on our school web site and school offices.

Breakfast is served daily at 7:45 am until the first bell rings.

Cold Lunch/Brown Bag Lunch is available from the school kitchen for Field Trips. You will be charged your normal lunch rate. Please let the food service staff know ahead of time when you will need a lunch to go.